

## Dietary Requirements for Vitamin D in Children, Adolescents, Black-skinned adults and Pregnant women in Europe

### One-Day Symposium on New Research Data from the ODIN Project

*Friday March 24<sup>th</sup> 2017, Brussels, Belgium*

#### Objectives of the symposium

1. To share new data on dietary requirements for vitamin D in Europe using dose-response randomized controlled trials in targeted population groups
2. To gather decision makers together to discuss potential implications for food and nutrition policy.
3. To provide a forum for discussion, feedback and dialogue in relation to how research can address outstanding research bottlenecks

#### Agenda

Time	Item	Speaker
9.00-9.10	Registration	
9.10-9.20	Welcome and opening Remarks	Uta Fauré
9.20-9.30	Symposium objectives and Introduction to ODIN	Mairead Kiely ODIN joint coordinator University College Cork
9.30-10.00	<b>Key note presentation</b> Current recommendations for vitamin D and persisting knowlege gaps	Roger Bouillon
10.00-12.00	<b>Morning Session</b> Vitamin D requirements for children, adolescents and Caucasian adults in Europe	Chair Mairead Kiely
10.00-10.15	<i>The ODIN approach to estimating dietary vitamin D requirements</i>	Kevin Cashman ODIN joint coordinator University College Cork
10.15-10.35	<i>Vitamin D requirements during childhood</i>	Camilla Damsgaard & Christian Molgaard University of Copenhagen, Denmark



10.35-11.00	Coffee Break	
11.00-11.20	<i>Vitamin D requirements during adolescence</i>	Taryn Smith, Susan Lanham-New & Kathryn Hart University of Surrey, UK
11.20-11.45	<i>Dietary requirements for vitamin D: Individual Participant Data (IPD)-level meta-regression analyses for improved guidelines</i>	Kevin Cashman University College Cork
<b>11.45-12.30</b>	<b>Open discussion and Q&amp;A</b>	<b>All, Co-Chaired by Roger Bouillon &amp; Mairead Kiely</b>
12.30-1.00	Lunch	
1.00-3.00	<b>Afternoon session</b> Vitamin D requirements for population groups at high risk in Europe	Chair Sue Lanham-New
1.00-1.30	Vitamin D requirements during pregnancy	Mairead Kiely University College Cork
1.30-2.00	Vitamin D requirements for adults of African origin in Northern Europe	Christel Lamberg-Allardt University of Helsinki, Finland
<b>2.00-2.30</b>	<b>Open forum discussion and Q&amp;A</b>	<b>All, Chaired by Sue Lanham-New</b>
2.30-3.00	Sum up, conclusions and close	Kevin Cashman

## Venue

European Commission, DG Research & Innovation

Rooms SDR1 and SDR2 (Floor 1), Champ de Mars (CDMA) Building

21 Rue du Champ de Mars, 1050 – Brussels <http://europa.eu/comm/oib/pdf/36-demeeus.pdf>

**Registration:** The symposium is free of charge but with limited places, so registration is required. To register, email [t.j.smith@surrey.ac.uk](mailto:t.j.smith@surrey.ac.uk) with your name as well as the name of the organisation or company you represent as soon as possible to secure a place.

