



FOOD-BASED SOLUTIONS
FOR OPTIMAL VITAMIN D NUTRITION
AND HEALTH THROUGH THE LIFE CYCLE

International Conference on



ODIN

VITAMIN D & HEALTH IN EUROPE:
CURRENT AND FUTURE PERSPECTIVES

University College Cork, Ireland

5th - 6th September 2017

Conference Programme



VITAMIN D & HEALTH IN EUROPE: CURRENT AND FUTURE PERSPECTIVES

Tuesday 5th September

Day 1

- 08.00 - 09.00 Registration and morning coffee
- 09.00 - 09.25 Opening addresses: **Professor Patrick G. O'Shea**, *President of University College Cork*
- 09.25 - 10.00 **Invited keynote presentation:**
Professor Susan Whiting, University of Saskatchewan, Canada

10.00 – 12.30	Plenary Session 1: Dietary requirements for vitamin D <i>Chaired by Professor Camilla Trab Damsgaard and Dr Natasja van Schoor</i>
	<i>The ODIN Individual Participant Data Level analyses of vitamin D dietary requirements for adults, and consideration of adult ethnic minorities</i> [Professor Kevin Cashman, University College Cork, Ireland]
	<i>Dietary requirements for vitamin D: Children & adolescents</i> [Professor Susan Lanham-New, University of Surrey, UK]
	<i>Dietary requirements for vitamin D: Pregnancy and infancy</i> [Professor Mairead Kiely, University College Cork, Ireland]
	<i>Dietary requirements for vitamin D: Consideration of sun and ethnic minorities</i> [Professor Ann Webb, University of Manchester, UK]
	Short oral communication x 2 (<i>promoted from submitted abstracts</i>)

12.30 – 13.30 Day 1 Poster-viewing session and lunch

13.30 – 17.30	Plenary Session 2 (including special workshop): Evidence-base for food strategies and novel food solutions for tackling inadequacy of vitamin D intake and status <i>Chaired by Professor Susan Whiting and Dr Jette Jakobsen</i>
	<i>The case for vitamin D food fortification as an approach to tackle low vitamin D intakes, including regulatory aspects</i> [Dr Mona Calvo, USA]



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Vitamin D food fortification: the Finnish experience as an exemplar for Europe

[Professor Christel Lamberg-Allardt, University of Helsinki, Finland]

An overview of the evidence from food-based dietary intervention studies, including data from the ODIN food RCT in vulnerable adults

[Dr Rikke Andersen & Ida Grønberg, Danish Technical University, Denmark]

Short oral communication x 1 (*promoted from submitted abstracts*)

Coffee break

Co-jointly ODIN/EnhanceD organised Workshop on Novel Food-Based Approaches for Addressing Vitamin D Inadequacy

Chairs: **Professor Manfred Eggersdorfer (DSM Nutritional Products)** and *Other to be confirmed*

- *Biofortified eggs* **[Dr Aoife Hayes, University College Cork, Ireland]**
- *Biofortified beef and pork* **[Professor John O'Doherty, University College Dublin, Ireland]**
- *Consumer acceptability of biofortified meat and eggs* **[Dr Maurice O'Sullivan, University College Cork, Ireland]**
- *Vitamin D-enriched dairy foods* **[Dr Ellen van den Heuvel, FrieslandCampina, The Netherlands]**
- *Vitamin D-enriched cereals* **[to be confirmed]**
- *UV-treatment of foods as a vitamin D enrichment approach* **[Professor Kevin Cashman, University College Cork, Ireland]**
- *Dietary modelling of vitamin D & the importance of quality food composition data*
[Ms Sandrine Pigat, Crème Global Nutrition, Ireland]

Conference Dinner



VITAMIN D & HEALTH IN EUROPE: CURRENT AND FUTURE PERSPECTIVES

Wednesday 6th September

Day 2

09.45 - 10.05

Invited keynote presentation:

Professor Paul Lips, VU University Medical Center Amsterdam, The Netherlands

10.05 – 12.30	Plenary Session 3: Adult health <i>Chaired by Professor Rolf Jorde and Professor Christopher Sempos</i>
	<i>Vitamin D and selected non-skeletal health outcomes</i> [Professor Lars Rejnmark, Aarhus University Hospital, Denmark]
	<i>Where to go from here with vitamin D and health interventions</i> [Dr Guri Grimnes, Tromsø University, Norway]
	Coffee break
	<i>Vitamin D in respiratory disease</i> [Professor Adrian Martineau, Queen Mary University of London, UK]
	Short oral communication x 3 (<i>promoted from submitted abstracts</i>)

12.30 – 13.45

Day 2 Poster-viewing session and lunch

13.45 – 16.00	Plenary Session 4: Infant and maternal health <i>Chaired by Professor Mairead Kiely and to be confirmed</i>
	<i>Vitamin D and pre-eclampsia</i> [Professor Martin Hewison, University of Birmingham, UK]
	<i>Update on vitamin D and perinatal outcomes</i> [Professor Zulf Mughal, Royal Manchester Children's Hospital, UK]
	<i>Update on vitamin D and paediatric bone and physical growth</i> [University of Southampton, UK – speaker to be confirmed]
	Short oral communication x 3 (<i>promoted from submitted abstracts</i>)

16.00 – 16.15

Conference close and prize-giving